



CHARLES
ARMSTRONG
SCHOOL

Parent Education Opportunities

2016-2017

Charles Armstrong School

1405 Solana Drive, Belmont, CA 94002

650-592-7570 www.charlesarmstrong.org



2016 - 2017 Parent Education

All Parent Education Events are held at Charles Armstrong School.

Date	Description
September 29 8:30-9:30am	PARENT EDUCATION EVENT Teaching Language in Small Groups at Armstrong RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org
October 7 8:30-9:30am	ARMSTRONG ADHD PARENT SUPPORT GROUP Location: Armstrong Multipurpose Room RSVP to Kerry Slattery: Kerry@kerryslattery.com
October 14 8:30-9:30am	TRANSITION MEETING Overview of the Transition Process followed by a Q&A session with Melanie Shaw, Doug Killin, and Katie Lyslo RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org
October 20 8:30-9:30am	PARENT EDUCATION EVENT Coffee with the Head of School, Jessica Miller RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org
November 18 8:30-10:30am	LD SIMULATION This hands-on experience is designed to increase awareness of the frustrations that people with dyslexia encounter daily. Limited to first 50 people RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org
December 9 8:30-9:30am	PARENT EDUCATION EVENT Executive Function—Stephanie Cole, MEd, CHC, Palo Alto RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org
January 12 8:30-9:30am	PARENT EDUCATION EVENT Homework-Research & Philosophy—Doug Killin RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org



www.charlesarmstrong.org

Date	Description
January 20 8:30-9:30am	ARMSTRONG ADHD PARENT SUPPORT GROUP Location: Armstrong Multipurpose Room RSVP to Kerry Slattery: kerry@kerryslattery.com
February 3 8:30-10:00am	PARENT EDUCATION EVENT Growth Mindset– Karen Kruger RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org
March 10 8:30-10:00am	TRANSITION MEETING: ALUMNI PANEL Informative meeting featuring a Q&A session with Armstrong Alumni currently attending various schools in the Bay Area. Susanna Bonetti: sbonetti@charlesarmstrong.org
March 17 8:30-9:30am	PARENT EDUCATION EVENT S.A.F.E. (Student Advisors for Education) - Sarah Fox, Mariah Pospisil, Nick Wynn RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org
April 21 8:30-9:30am	ARMSTRONG ADHD PARENT SUPPORT GROUP Location: Armstrong Multipurpose Room RSVP to Kerry Slattery: kerry@kerryslattery.com
April 28 8:30-10:00am	TRANSITION SCHOOL FAIR Bay Area School Admissions staff will be on campus to answer your questions about their schools. RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org
April 28 10:00-11:00am	MANDATORY 7TH GRADE PARENT MEETING Preparing for the Transition to High School. Facilitators: Melanie Shaw and Doug Killin RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org
May 12 8:30-9:30am	PARENT EDUCATION EVENT Mindfulness—Cori Maiden RSVP to Susanna Bonetti: sbonetti@charlesarmstrong.org

Common GROUND

Common Ground Speaker Series is a parent education program dedicated to inspiring strong families and engaging school communities through distinguished speaker events.

The Common Ground Speaker Series is presented by a coalition of Bay Area schools committed to strengthening our families and communities through parent education. Our events are open and free of charge to the parents, faculty and staff of our 28 member schools. Guests not affiliated with a member school may attend for \$20 at the door.

2016-2017 Speaker Series Program

WWW.COMMONGROUNDSPEAKERSERIES.ORG

Check the website for descriptions of each event

The Myth of the Math Brain: Inspiring a Growth Mindset

Speaker: Jo Boaler, PhD

Dates and Locations:

September 20 (7pm): Woodside Priory School, 302 Portola Rd., Portola Valley

September 22 (9am): The Carey School, 1 Carey School Ln, San Mateo

September 22 (7pm): Saint Andrew's Episcopal School, 13601 Saratoga Ave, Saratoga

15th Anniversary Event:

The Parents We Mean To Be

Speaker: Richard Weissbourd, EdD

Dates and Location:

November 15 (9am): The Nueva School, 6565 Skyline Blvd, Hillsborough

15th Anniversary Event:

Turning the Tide: Redefining the College Admissions Process

Speaker: Frank Bruni and Richard Weissbourd, EdD

Dates and Location:

November 15 (7pm): Menlo School, 50 Valparaiso Ave, Atherton

15th Anniversary Event:

Where You Go Is Not Who You'll Be

Speaker: Frank Bruni

Date and Location:

November 16 (7:30pm): Bellarmine College Preparatory, 960 W Hedding St., San Jose

Wired To Create: Lessons in Unlocking Ingenuity

Speaker: Scott Barry Kaufman, PhD

Dates and Locations:

January 24 (7pm): Woodside Elementary School, 3195 Woodside Road, Woodside

January 25 (9am): Yavneh Day School, 14855 Oka Road, Los Gatos

Parenting in the Digital Age: A Fact Not Fear Approach

Speaker: Yalda Uhls, PhD and Laura Kastner, PhD

Dates and Locations:

March 7 (9am): Harker Middle School, 3800 Blackford Ave, San Jose

March 7 (7pm): Sacred Heart Schools, 150 Valparaiso Ave, Atherton
Special Teen panel discussion

March 8 (9am): The Nueva School, 6565 Skyline Blvd, Hillsborough



PARENTS EDUCATION NETWORK

Parents Education Network is a coalition of parents collaborating with educators, students and the community to empower and bring academic and life success to students with learning and attention differences.

WWW.PARENTEducationNETWORK.ORG

2016-2017 Workshops and Speaker Series

Date	Description
Saturday, October 1	Eric Tridas, MD, Director of the Tidas Center for Childhood Development & Sister Mary Gilchrist Cottrill, Director of the Ave Maria Preparatory School The Perfect Storm: ADHD, Dyslexia and Executive Function Problems
Friday, October 14	Sindy Wilkinson, MEd, LMFT, Director of Enhanced Learning and Growth Center Beyond Labels: Exploring Root Causes of Learning and Behavioral Challenges
Wednesday, October 19	David Berg, ET, Founder & Director of the Making Math Real Institute Decoding & Encoding: As Important for Success in Math as for Success in Reading
Saturday, October 22	Dr. Miriam Rosenberg-Lee, Professor of Psychology at Stanford University School of Medicine Brains Count: Understanding the Brain Basis of Mathematical Problem Solving in Children
Thursday, October 27	Screening of RoadTrip Nation's <i>Being You: Your Difference is Your Strength</i> Followed by facilitated discussion
Friday, November 4	Diana Kennedy, ET & Founder of Mindspark Customer Learning Solutions Homework Help That Really Helps: Positive Support for Students with Learning Challenges

Date	Description
<p>Thursday, November 17</p>	<p>Dr. Vivien Keil, Neuropsychologist at the Children’s Health Council ADHD and Barriers to Learning: How Working Memory, Processing Speed, and Executive Functioning Challenges Impact Functioning</p>
<p>Thursday, December 1</p>	<p>Screening of RoadTrip Nation’s <i>Being You: Your Difference is Your Strength</i> Followed by facilitated discussion</p>
<p>Friday, December 9</p>	<p>Beth Samuelson, Director of SOS4Students Supporting Organizationally– Challenged Students in the Transition to College for Parents of 11th and 12th Graders and New College Students</p>
<p>Tuesday, January 10</p>	<p>A Panel of SAFE College Students</p>
<p>Wednesday, January 11</p>	<p>College Students on Learning and Attention Differences</p>
<p>Friday, January 27</p>	<p>Kari Dunn Buron, MS, Author & Education Specialist Ain’t Just Misbehavin’: The Neuroscience of Challenging Behavior (A Workshop for Parents)</p>
<p>Thursday, February 9</p>	<p>Screening of RoadTrip Nation’s <i>Being You: Your Difference is Your Strength</i> Followed by facilitated discussion</p>
<p>Thursday, March 9</p>	<p>Ana Homayoun, Author, Educator & Founder of Green Ivy Educational Consulting Social Media & Digital Wellness for Students with Learning and Attention Differences</p>

For detailed description, location and times of each event, please visit www.parenteducationnetwork.org/SpeakerSeries



PARENTS HELPING PARENTS

Parents Helping Parents

*Building Bright Futures for
Children with Special Needs*

PHP's mission is to help children and adults with special needs receive the support and services they need to reach their full potential by providing information, training, and resources to build strong families and improve systems of care.

www.php.com

2016-2017 PHP Support Group Topics

- Adult Children with Developmental Disabilities
- Advocacy in Education
- Anxiety and Mood Disorders
- Asperger Syndrome
- Attention Deficit Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder
- Autism and Homeschooling Support Group
- Become a Support Parent
- Behavior that Challenges
- Cafecitos y Conversacion para Alma Especial
- Facilitated Communication Users Group: Loud Talking Fingers
- Fetal Alcohol Spectrum Disorder
- Grandparent's Support Group
- Japanese Families
- Learning Differences
- Older Child Adoption Support Group
- Parent Coffee
- Siblings for Adult Siblings

2016-2017 PHP Events

www.php.com

Date	Description
September 8 November 10 January 12 9:30am	SPECIAL EDUCATION BASICS TRAINING Come if you suspect your child/student has special needs, you have not attended a training on special education, you need a refresher on the basics of special education, you are a parent, family member, student or professional. We cover the topics of The Special Education Process, How an Individual Educational Program is developed, Parent's Rights, Effective Collaboration
October 13 December 8 6:30pm	Location: The Sobrato Center for Non Profits, San Jose

September 20 October 18 November 15 December 20 10:00am	1 HOUR TOURS OF PARENTS HELPING PARENTS Agency tour of Parents Helping Parents with a brief review of our services and support.
September 12 October 10 November 14 December 12 January 9 4:00pm	Location: 1400 Parkmoor Ave, Suite 100, San Jose

For more information regarding Support Group Schedules please visit the PHP website at www.php.com/events

Glossary of Professionals

- ◆ **Audiologist** – measures hearing ability and provides services for auditory training; offers advice on hearing aids.
- ◆ **Educational Consultant** – gives educational evaluations; familiar with school curriculum but may have a background in special education issues.
- ◆ **Educational Therapist** – develops and runs programs for learning and behavior problems.
- ◆ **Learning Disabilities Specialist** – a teacher with specific training and credentials to provide educational services to students with learning disabilities and their teachers.
- ◆ **Neurologist** – looks for possible damage to brain functions (medical doctor).
- ◆ **Occupational Therapist** – helps improve motor and sensory functions to increase the ability to perform daily tasks.
- ◆ **Pediatrician** – provides medical services to infants, children, and adolescents; trained in overall growth and development including motor, sensory, and behavioral development (medical doctor).
- ◆ **Psychiatrist** – diagnoses and treats severe behavioral and emotional problems and may prescribe medications (medical doctor).
- ◆ **Psychologist (Clinical)** – provides psychological and intellectual assessment and treatment for mental and emotional health.
- ◆ **School/Educational Psychologist** – gives and interprets psychological and educational tests; assists with behavior management; provides counseling; consults with parents, staff, and community agencies about educational issues.
- ◆ **Speech and Language Therapist** – helps children with language and speech difficulties.

See the Referrals and LD Resources list on the Armstrong website.

www.charlesarmstrong.org

Online Resources

- ◆ Charles Armstrong School: www.charlesarmstrong.org
- ◆ Parents Education Network: www.parentseducationnetwork.org
- ◆ Common Ground: www.commongroundspeakerseries.org
- ◆ Parents Helping Parents: www.php.com
- ◆ The International Dyslexia Association: A non-profit dedicated to helping dyslexic individuals, their families, and their communities: www.interdys.org
- ◆ LD Online: www.ldonline.org
- ◆ All Kinds Of Minds: Provides programs, tools, and a common language for parents to help students with learning differences achieve success: www.allkindsofminds.org
- ◆ Learning Disabilities Assoc. of California: In-depth education and healthcare information: www.kidsource.com/LDA-CA
- ◆ Dyslexia The Gift: www.dyslexia.com
- ◆ Learning Disabilities of America: www.ldanatl.org
- ◆ Wrightslaw: Special Education Law and Advocacy Resource: www.wrightslaw.com
- ◆ Council for Exceptional Children: www.cec.sped.org
- ◆ Learning Ally: www.learningally.org
- ◆ Great Schools Net: www.greatschools.org
- ◆ Decoding Dyslexia California: www.decodingdyslexiaca.org
- ◆ Understood: www.understood.org
- ◆ National Center for Learning Disabilities: www.ncl.org

MISSION

Charles Armstrong School serves high potential students with language-based learning differences, such as dyslexia, empowering them to thrive as learners in school and life. Our faculty, staff, board and community are dedicated to our mission and the values of Charles Armstrong School.



Charles Armstrong School

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