

Good evening Armstrong families,

February 5, 2021

It has been a busy and exciting week for all of our students and employees. I wanted to send out some information on Testing and Travel and highlight a few changes that we have made.

## Testing

After 2 weeks of testing, I am pleased to report that we have had zero reported positive cases. Thank you to everyone for continuing to practice the mitigation strategies of mask wearing, washing hands and physical distancing. Weekly testing will continue on Tuesdays for 2<sup>nd</sup> Grade and Middle School and Thursdays for Lower School. If your student isn't registered with our new testing company please [Click Here to Register/Sign-up](#) and complete the one-time online paperwork and consent form.

With the upcoming February Break, please review our travel policy below and note that **we will be requiring a negative PCR test during that week to return to on-campus learning.** We will be conducting an on-campus testing event on Thursday, 2/18 from 8am-12 noon at Armstrong for your convenience. If you prefer to test privately, please send results to [CovidCoordinator@charlesarmstrong.org](mailto:CovidCoordinator@charlesarmstrong.org) by Saturday, 2/20. An email to sign up for testing slots will be sent next week if using the on-campus testing option.

## Travel

Even though SIP has been lifted in San Mateo County, we are still following the travel guidance provided by health officials in the counties from which we draw most of our students and faculty/staff. **We have made a change in our quarantine policy from 14 to 10 days.** Here are the rules we are following:

- All public health officials recommend only “essential” travel outside of the SF Bay Area (which does not include recreation or tourism)
- The definition of SF Bay Area seems to be these 10 counties: San Francisco, San Mateo, Santa Clara, Alameda, Contra Costa, Solano, Sonoma, Napa, Marin and Santa Cruz. Other regulations define a physical distance and our radius is 120 miles from Charles Armstrong School; please avoid travel out of the area for any non-essential reason in order to mitigate potential spread
- **Any student traveling outside of the SF Bay Area must quarantine and continue with remote learning for 10 days**

Thank you for your commitment to our community's health and safety. While we respect that individual families will make the decisions that are best for them, we strongly encourage families to consider a “stay-cation” for this February break and absolutely expect students and families to self-report to [covidcoordinator@charlesarmstrong.org](mailto:covidcoordinator@charlesarmstrong.org) if they will need to switch to remote learning for the 10 days after the break (or any trip).

As always, please reach out if you have any questions.

I hope everyone is able to enjoy our beautiful weather this upcoming weekend.

With kind regards,

Elissa Whorl  
Co-COVID Response Coordinator